

Grŵp Traws Bleidiol ar Iechyd Meddwl Cross Party Group on Mental Health

Minutes of the last meeting

19 March 2014

12:30-13:15

Committee Room 4, Ty Hywel

IN ATTENDANCE:		
Rebecca Evans AM (Chair)	RE	Mid and West Wales (Welsh Labour)
Llyr Gruffydd AM	LIG	North Wales (Plaid Cymru)
Glenn Page	GP	AMSS (Plaid Cymru Group)
Colin Palfrey	CP	AMSS (Lindsay Whittle AM)
Claire Stowell	CS	AMSS (Rebecca Evans AM)
Sophie Williams	SW	AMSS (David Rees AM)
Michelle Bushell	MB	Beat Cymru
Rebecca Cassan	RC	Richmond Foundation Malta
Katie Dalton (secretary)	KD	Gofal
Ewan Hilton	EH	Gofal
Junaid Iqbal	JI	Hafal
Amy Lloyd	AL	Samaritans
Antony Metcalfe	AM	Time to Change Wales
Sarah Stone	SS	Samaritans
Manel Tippett	MT	Royal College of Psychiatrists in Wales
Bill Walden Jones	BWJ	Hafal
Sue Wigmore	SW	Bipolar UK

CPGMH/NAW4/16 - Welcome and apologies		Actions
<p>RE RE welcomed attendees to the meeting of the Cross Party Group on Mental Health.</p> <p>RECEIVED</p> <p>Apologies from absent members:</p> <ul style="list-style-type: none"> • Bethan Jenkins AM • Martin Bell (BACP) • Ruth Coombs (Mind Cymru) • Suzanne Duval (Diverse Cymru) • Richard Jones (Mental Health Matters) 		
CPGMH/NAW4/17 - Time to Change Wales		Actions
<p>RE RE welcomed AM to the meeting and invited him to speak to the group about <i>Time to Change Wales</i>.</p> <p>AM AM delivered a presentation about <i>Time to Change Wales</i>, the first national campaign to end stigma and discrimination faced by people with mental health problems in Wales – run in partnership by Gofal, Hafal and Mind Cymru and funded by Big Lottery, Comic Relief and the Welsh Government.</p>		

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<p>LIG</p>	<p>AM outlined the different strands to the campaign, including social marketing and social leadership, which all place people with lived experience at the heart of the campaign. He also mentioned the TTCW organisational pledge, which several organisations have signed up to.</p> <p>AM described the targets that the campaign has been set and the progress that it is making towards these targets.</p> <p>AM thanked Assembly Members and the Welsh Government for their continued support for the campaign and paid tribute to the four AMs who talked openly about their experiences of mental health problems in November 2012. He asked AMs to continue to support the campaign through social media, by visiting TTCW events and displaying TTCW materials at their offices/surgeries.</p> <p>AM talked about plans for the future of TTCW and the ambition to continue the current activities as well as to extend the work of the campaign to children and young people. He also explained that TTCW and the three delivery partners were in discussions with Big Lottery, Comic Relief and Welsh Government about future funding.</p> <p>RE thanked AM for an informative presentation and commented that it was good to see that the campaign had reached far and wide across Wales. RE raised a number of actions that the cross party group and AMs could take to support the campaign.</p> <p>LIG expressed support for political parties signing up to the organisational pledge.</p>	<p>RE to consider tabling and seeking cross party support for a Statement of Opinion in support of TTCW.</p> <p>AMs to show public support for TTCW on social media, at TTCW events and by displaying TTCW materials at their offices and surgeries.</p> <p>RE to write to each party leader in the National Assembly and encourage their political parties/groups to sign up to the TTCW organisational pledge.</p>
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CPGMH/NAW4/18 - Minutes of the last meeting		Actions
RE	<p>APPROVED</p> <p>The minutes of the last meeting.</p>	
CPGMH/NAW4/19 - Action points from the last meeting		Actions
KD	<p>KD updated the group on the actions taken since the last meeting.</p> <ul style="list-style-type: none"> • CPGMH/NAW4/11 - Election of new chair <p>ACTION: RE to write to KS to thank him for his work as Chair over the past two years. UPDATE: Letter has been written and sent to KS.</p> <ul style="list-style-type: none"> • CPGMH/NAW4/12 - Together for Mental Health <p>ACTION: WAMH to discuss TfMH Annual Report and produce briefing for Assembly Members.</p> <p>UPDATE: WAMH will be meeting on the 26th March and will discuss the TfMH report at this meeting.</p>	<p>WAMH to discuss TfMH Annual Report and produce briefing for Assembly Members.</p>

ACTION: AMs to ask the Business Minister for an oral statement about the TfMH Annual Report

UPDATE: RE has asked the Business Minister for a statement about the TfMH Annual Report

ACTION: AMs to challenge their local health boards about delivery of TfMH

UPDATE: This will be ongoing.

ACTION: RE to write to the Health Minister about Mental Health First Aid

UPDATE: RE has written to the Health Minister about MHFA and has received a response. This is included in the meeting papers.

ACTION: RE to write to local health boards to enquire about their engagement with service users and carers and their support for service user and carer representatives on the local mental health partnership boards

UPDATE: RE has written to each health board and received responses from Abertawe Bro Morgannwg UHB, Aneurin Bevan UHB, Betsi Cadwaladr UHB, Cardiff and Vale UHB, Cwm Taf UHB and Hywel Dda UHB. These responses are included in the paperwork for this meeting. Powys tHB has not yet responded.

Following discussions with RE and JI, KD recommended that the letters be shared with the National Service User and Carer Forum so that they can discuss whether the content of the letters reflect their experiences at a local level.

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Jl agreed to take the letters to the National Service User and Carer Forum and report back at a future cross party group meeting.

EH suggested that feedback from the National Service User and Carer forum should be a standing agenda item to allow ongoing dialogue between the forum and the cross party group.

ACTION: Jl to send KD paper. KD to circulate to members.

UPDATE: The paper has been circulated to Assembly Members and other members of the cross party group.

- **CPGMH/NAW4/13** - Mental Health (Wales) Measure

ACTION: KD to circulate Duty to Review document to AMs

UPDATE: The paper has been circulated to Assembly Members and other members of the cross party group.

- **CPGMH/NAW4/14** - Social Services and Wellbeing (Wales) Bill

ACTION: RC to send information about the amendment to AMs

UPDATE: KD to check with RC whether this action has been completed.

Jl to take the letters to the National Service User and Carer Forum and ask for their views about service user and carer engagement at a local health board level.

Jl to report back at a future cross party group meeting.

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	<p>ACTION: RE to check transcript of H&SC Committee and write to the Deputy Minister on behalf of the cross party group.</p> <p>UPDATE: JI stated that organisations representing carers have received assurances from the Deputy Minister for Social Services that the rights afforded to carers through the Carers (Wales) Measure will not be reduced when the Social Services and Wellbeing (Wales) Bill was passed. Continued support from Assembly Members would be welcomed when regulations and guidance are discussed in the Assembly. RE will write to the Deputy Minister to re-emphasise the importance carers' rights when regulations and guidance are being developed.</p> <ul style="list-style-type: none"> • CPGMH/NAW4/15 - Future meetings <p>ACTION: RE and KD to arrange advance meeting dates for 2014</p> <p>UPDATE: Future meeting dates have been arranged:</p> <ul style="list-style-type: none"> - 17th June 2014 - 7th October 2014 	<p>RE to write to the Deputy Minister about this issue.</p>
CPGMH/NAW4/19 - Terms of Reference		Actions
<p>RE</p>	<p>RE introduced the draft Terms of Reference.</p> <p>APPROVED Members of the group approved the draft terms of reference.</p>	

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CPGMH/NAW4/20 - Review of funding for mental health services		
BWJ	BWJ updated the cross party group about the planned review of the ringfence for funding mental health services. In 2008 the Health Minister placed a ringfence on funding for mental health services. There is due to be a review of this in the coming year. Third sector organisations are in conversation with Welsh Government officials about the review. BWJ stressed the importance of the review in light of cuts to funding across the border and the need to improve transparency with regards to health board spending on mental health services.	WAMH to update AMs at future meetings
EH	<p>EH said the third sector welcomed the opportunity to help shape the review and stressed the importance of moving the focus from 'spend' to 'spend in relation to outcomes'.</p> <p>BWJ and EH said that there was no need for Assembly Members to take action at this time but it would be useful to return to the issue and update AMs at future meetings.</p>	
CPGMH/NAW4/21 - National Partnership Board		
EH	The National Partnership Board is up and running and recent meetings have seen service user and carer members in attendance. There are questions over the extent of its influence and a need to ensure that the NHS and Welsh Government move from a process-led approach to a focus on outcomes. It is also important to ensure engagement with service user and carer members is meaningful.	WAMH to update AMs at future meetings

CPGMH/NAW4/22 - Dates of future meetings	
KD	<p>KD confirmed that the next two meetings would be held on the following dates:</p> <ul style="list-style-type: none">• 17th June 2014 (12:45-13:15)• 7th October 2014 (12:45-13:15) <p>During the last meeting a number of AMs requested a discussion about access to psychological therapies. As a result, the Chair has invited a group of researchers to speak at the next meeting about their research into access to psychological therapies.</p>
RE	<p>RE thanked everyone for their attendance and thanked AM for his presentation.</p>